

## **Objective:**

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To use my education and experience to be a positive force in the lives of young people as a collegiate wrestling coach.

## **Education:**

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### **Bachelor of Science in Psychology**

May 2004

Minors in Business and Speech Communications  
Muskingum College, New Concord, OH

## **Professional Summary:**

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Successful experience in motivating, developing and coaching athletes, promoting, marketing, and recruiting at the high school and club levels. Most recently managed recruiting and marketing efforts during interim coach period at Central College. While recruiting for Central College, I received commitments from 15 student athletes including ten state qualifiers, four place winners, and representing nine states. Average GPA of committed class is 3.055 and ACT of 23.

Strong leadership skills, motivational, communications skills, and organizational abilities. Experience in fundraising, public speaking, and academic monitoring.

## **Professional Goal:**

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My career goal is to be successful in collegiate athletics working as a coach and administrator. I will achieve these goals by building on my broad coaching background by attaining experience while working towards a master's degree.

## **Coaching Experience:**

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Assistant Coach

**Central College**

Pella, IA

November 2006 – Present

- Provided administrative assistance in all aspects of operating a collegiate wrestling team: scheduling, promotion, maintaining records, match day preparations, practice planning, recruitment, evaluating performance, and fundraising.
- Assisted in giving coaching and performance evaluation in practice and competition.
- Developed and managed interim recruiting and team marketing plan for use during coach search.
  - Received commitments from 15 student athletes from a pool of over 300 potential applicants
    - Average GPA of 3.055.
    - Average ACT of 23.
    - 10 state qualifier level wrestlers, 4 place winners.
    - 9 state recruiting base (Texas, Iowa, Illinois, Missouri, Florida, Kansas, Texas, Nebraska, and Colorado).
  - Made off campus visits to 50 recruits in the interim coach period.
  - Created mailings and campus visit packet featuring team and organization information.
  - Gathered recruit information using internet resources.
- Assisted in the organization and promotion of spring freestyle tournament.
- Created camp promotional literature.

Assistant Coach

## **The Buckeye Wrestling Club**

Columbus, OH  
October 2005 – November 2006

- Assist in the planning of practices, training of athletes, and promotion of club activities for athletes of varying age and abilities.
- Managed design and launch of TheBuckeyeWrestlingClub.com website.
  - Managed web content development.
  - Promoted Buckeye Wrestling Club and Ohio State programs through site.
  - Produced newsletters for distribution on the internet.
- Collaborated in production of videos for Ohio State Coaches Clinic and Scarlett and Gray Dual.

Assistant Coach

## **Land O'Lakes High School**

Land O'Lakes, FL  
October 2004 – September 2005

- Responsible for management of a thirty-five athlete team, four coach staff, three student assistants and booster club operations.
- Coached 3 state qualifiers, 1 state champion, and 3 AAU All-Americans.
- Managed Media Relations.
  - Gave interviews to local newspapers including the St. Petersburg Times and Tampa Tribune.
  - Produced weekly press information sheets.
- Fundraised \$5,000 in donations to support team operations and travel expenses.
- Hosted a series of speakers on leadership and character featuring local community figures.

### **Clinic and Camp Experiences:**

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**Clinician, Pella Wrestling Club, Spring 2006**

**Clinician, Central College Fall Clinic, November 2006**

**Clinician, Florida Pride Wrestling Camps, 2001-2006**

- Provided instruction in techniques and training methods for wrestling.
- Assisted in administration of the camp team and individual tournaments.

**Clinician, Ken Chertow's Wrestling Camps, Orlando, Florida and Toledo, Ohio 2005, Cincinnati, Ohio 2006**

- Provided instruction in wrestling techniques and tactics.

**Camp Director, Land O' Lakes Wrestling Camp, Land O' Lakes, Florida, July 2005**

- Organized a summer wrestling camp for thirty student athletes including advertising, curriculum design, and media relations.

### **Other Experiences:**

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**Technical Support Agent, Teleperformance USA, Columbus, Ohio, Feb. 2006 – Nov. 2006**

- Provide technical support and customer service to users of Verizon Online services.
  - Served as an agent representative to advisory board.

**Resident Assistant, Muskingum College, New Concord, Ohio, 2001-2004**

- Responsible for the management of a forty student floor.  
Designed and implemented educational, recreational, social, and cultural programming, as well as policy enforcement.
- Managed diversity issues to ensure a cohesive community environment.

**Assistant Law Clerk, Hillsborough County Attorney, Tampa, Florida May - August 1998**

- Provided research, organization and office assistance.

### **Leadership Activities:**

**Varsity Wrestling, Muskingum College, 1999-2004.**

- Member of Conference Championship team ranked as high as 6th in the nation.

# Thomas L. Carr

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**Ulster Social Club**, Local Fraternity.

- Held a series of progressively responsible offices and was selected by the college administration and alumni to lead club reorganization efforts.
- Member Alumni advisory group.

**Publications:** *Developing Leadership*, Wrestlingassistant.com, August 2006

**Certifications:** American Red Cross: CPR / First Responder  
USA Wrestling: Bronze Level Coaches Certification

**Memberships:** USA Wrestling  
National Wrestling Coaches Association

**Special Skills:** Excellent with computers and technology.

- Web design.
- Data entry and records management and organization.
- Proficiency using Microsoft Office Suite (Word, Excel, Front Page, Publisher and Access).
- Experience in records management with Datatel based admissions system.

Development of marketing plans and promotional ideas and materials.

- Camp, Team, Recruiting, and Press Materials.

Interest in the use of technology to facilitate communications, store information, and increase productivity.

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